



THREE BULGARIAN PEDAGOGIES FOR LIFELONG LEARNERS

Prof. Silvia Nikolaeva, PhD

Sofia University “St. Kliment Ohridski”

silvianikolaevabg@abv.bg



855:
Glagolitic
script

1762:
Slavo-
Bulgarian
history

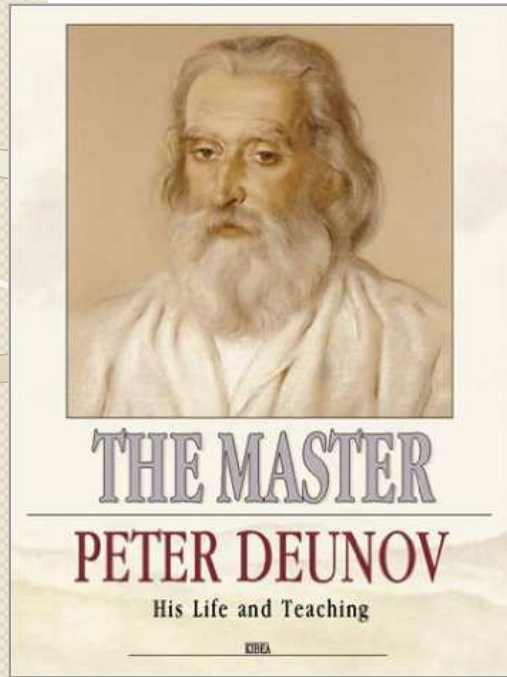
**15-17th
century:**
first schools

19th century:
first modern
schools

After 1878:
laying the
foundations
of the
educational
system

The founders – who they are?





PETER DEUNOV – *THE SPIRITUAL MASTER*

1864 - 1944

SUNNY PEDAGOGY

Education and self-education for healthy and nature-friendly way of living and learning



Basics of PanEuRhythmy



<https://www.youtube.com/watch?v=nXTIPnDbx70>



SUNNY PEDAGOGY

THREE PRINCIPLES:

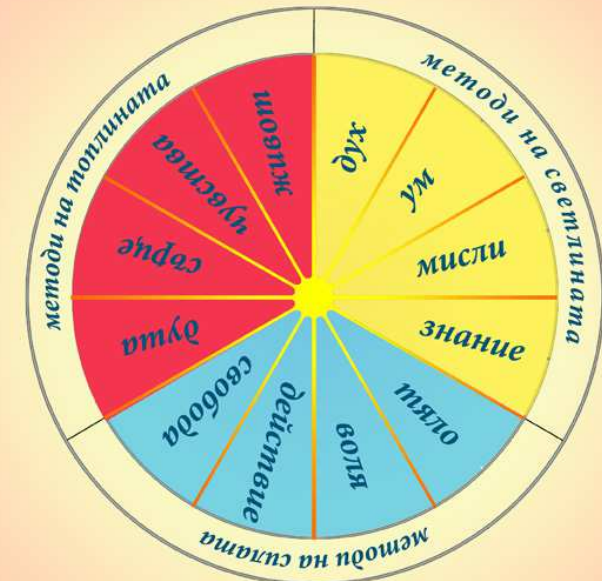
LOVE, **FREEDOM**, **WISDOM**

3 types of educational methods based on the **3** principles of human nature and addressing the **12** rays of human development

Methods of light (**WISDOM**): spirit, brain, thoughts, knowledge

Methods of warmth (**FREEDOM**): body, will, action, freedom

Methods of power (**LOVE**): soul, hart, feelings, life





HOME FOR SUNNY CHILDHOOD



MUSIC



PANEVRITMIA

HEALTH EDUCATION



HEALTHY FOOD



OUTDOOR LEARNING



LABOR

CREATIVE DEVELOPMENT



SPORTS





About 50 years after Deunov ...

What do they do?

<https://www.youtube.com/watch?v=GQOvOZ6X4qo>

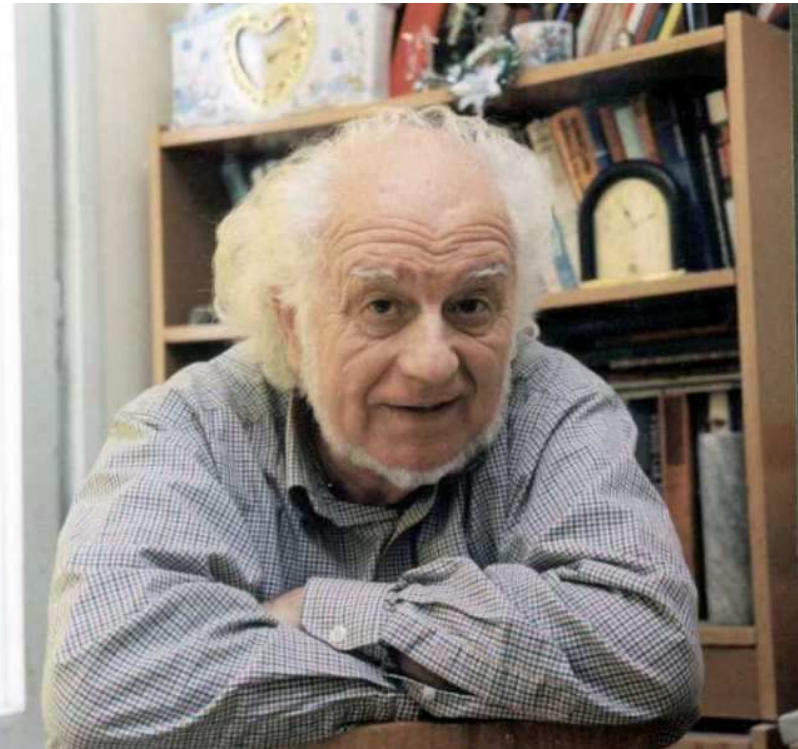
PROF. GEORGI LOZANOV –
THE BRAIN PHYSIOLOGIST

1926 - 2012

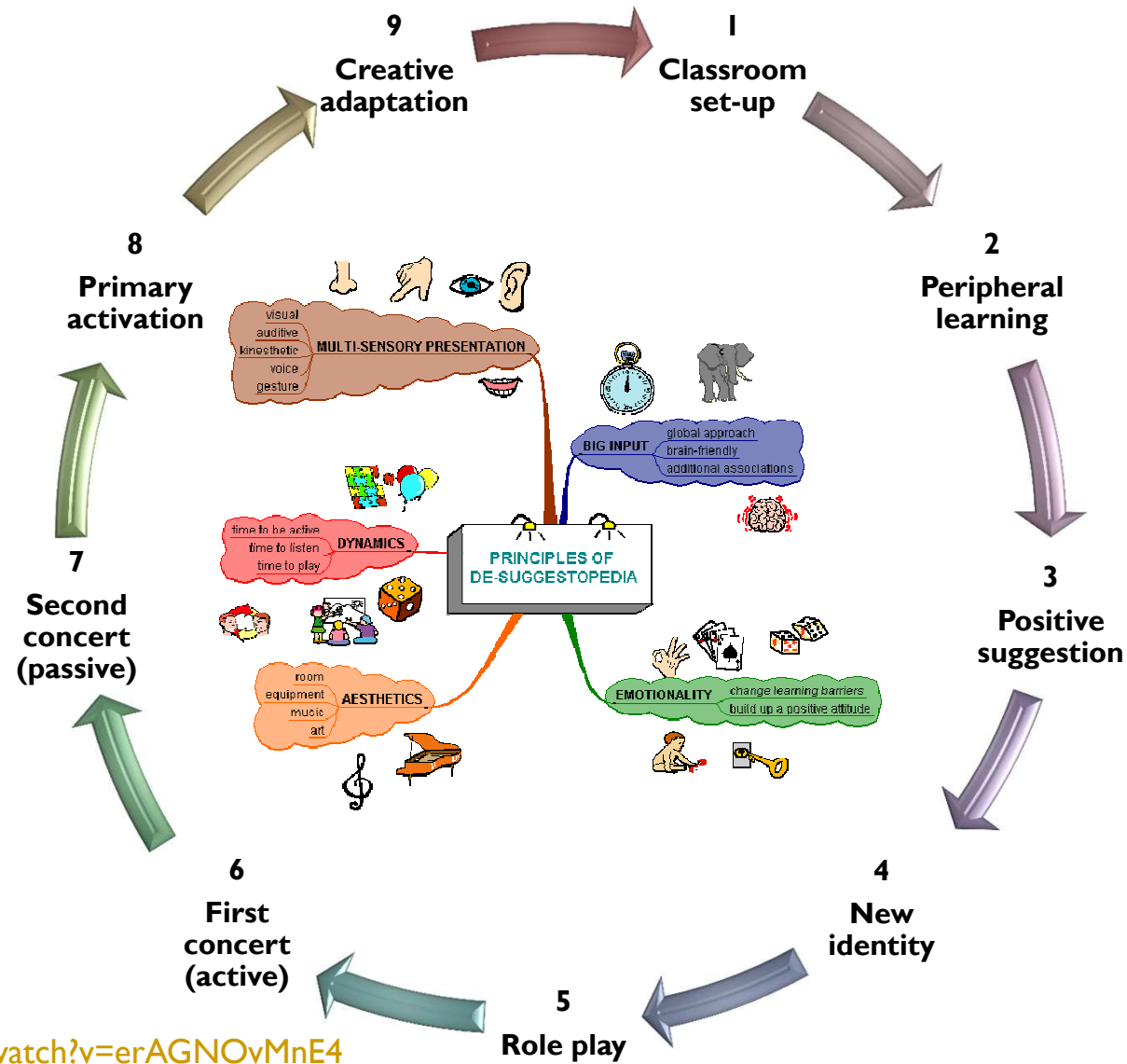


DE/SUGGESTOPAEDIA

Suggestive accelerative learning



THEORY OF DE/SUGGESTOPEDIA

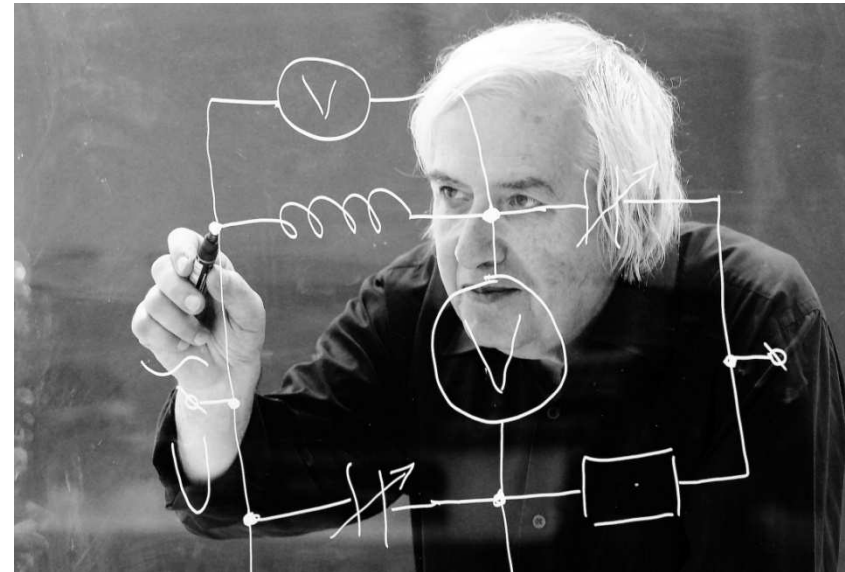


<https://www.youtube.com/watch?v=erAGNOvMnE4>

<https://www.youtube.com/watch?v=y6JIMzEIVdE>

**EDUCATIONAL SYSTEM
FOR
ACCELERATING A
POWERFUL
MIND:**

*Or how to create socially
strong personalities?*



**TEODOSIY
TEODOSIEV:**

***THE PHISICS
TEACHER***

b.1947

PHILOSOPHY

- Love for wisdom, arts and creativity
- Freedom
- Education is the most valuable service today and in the future
- Socially powerful people need special support
- Good educational environment and system
- Hard work and strong efforts

PRINCIPLES

- To work on both conscious and unconscious level of thinking and learning
- Breaking fears from failure, barriers
- Positive competition in a happy team
- Sustainable feedback and life line between students and teachers
- Consistency and team work
- Good family moral cultivating love to work and joy of working
- The inspiring example of the most successful people

TECHNIQUES

- Time schedule: 8 a.m. – 12 p.m.
- Poetry in physics lessons
- The 7 mortal sins explained by physical laws
- Adventure tours and challenges
- Experimental work
- Accelerated learning

- Out of mobiles
- Love stories are allowed
- To teach with love and inspiration
- Inspiring environment
- Positive good will competition
- High level of common sense
- Arts and nature go together with science

The results

- *19 absolute champions at national physics olimpiads*
- *8 (from 12) golden medals at international physics olimpiads*
- *More than 50 participants at international physics olimpiads during last 12 years*



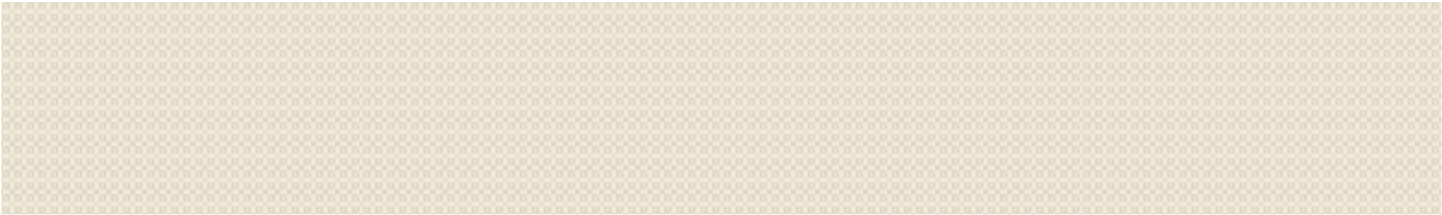
Comparing the systems

Similarities

- **Humanistic paradigm**
- **Value-based approaches:** Love, freedom, creativity, ecology, positivism
- **Addressing human nature as a whole:** energy exchange, unconscious and conscious communication and learning, cognitive, affective and behavior assimilation and reflection.
- **Reaching highest human potential –** spiritual, cognitive, moral, physical
- **Looking for effective tools to break the internal barriers and enlarging the individual potential** for accelerated learning and development - through healthy, value-oriented and nature-friendly way of living, positive support, and overcoming intrinsic fears.
- **Holistic interdisciplinary approaches to learning :** learning by doing, feeling, working, sharing, observing, creating, solving problems, living healthy, caring about nature and others, challenging etc.
- **Followers and sustainable practices**

Specifics

- **Historical backgrounds**
- **Addressing specific educational needs or tasks**
 - Value (spiritual) education
 - Memorizing
 - Creative learning
- **Focused on specific target groups**
 - Spiritual community
 - All ages learners
 - Extracurricular learning for secondary and university students





24 May - National Day of Education, Culture and Slavic Script

1 November – National Enlighteners Day





° THANK YOU.